

# July 2024

## Free lunch 18 & under



# DuBois SCHOOL DISTRICT

## DASD SUMMER LUNCH MENU



### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, and fat-free chocolate

### Weekly Vegetable Subgroups May Include:

- Dark green** - spinach, broccoli, romaine and spring salad
- Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers
- Beans/Peas**
- Starchy** - white potatoes, corn, and lima beans
- Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

### Daily Fruit Selection May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

### Monday

**1**  
**MEALS**  
**ARE FREE**

**TO ALL**  
**STUDENTS**  
**18 AND UNDER**  
**ADULT MEALS**  
**ARE**  
**\$3.00 PER ADULT**

### Tuesday

**2**  
**ALL MEALS**

**SERVED**  
**INSIDE**  
**CAFETERIA DINING HALL**  
**DAMS**  
**CGJ & Treasure Lake Church**  
**11am - 1pm**  
**18 and Under Free**

### Wednesday

**3**

### Thursday

**4**  
**HAPPY**  
**4<sup>TH</sup> OF**  
**JULY**

**5**

**8**  
**Chicken Patty**  
**on a Bun**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**9**  
**Corn Dog**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**10**  
**Turkey & Cheese Hoagie**  
**w/ lettuce & tomato**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**11**  
**Popcorn Chicken**  
**w/ Dinner Roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**12**  
**11:00 - 11:30**  
**MONDAY - YMCA**  
**TUESDAY - YMCA**  
**WEDNESDAY - YMCA**  
**THURSDAY - YMCA**

**DASD**  
**FOOD TRUCK**  
**SCHEDULE**

**15**  
**Hot Dog**  
**On a Roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**16**  
**Chicken Nuggets**  
**with a Dinner Roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**17**  
**American Hoagie**  
**w/ lettuce & tomato**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**18**  
**Toasted Ham & Cheese**  
**Sandwich**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**19**  
**11:45-12:15**  
**Monday - Penfield**  
**Tuesday - Stahl Park Skyesville**  
**Wednesday - Lakeside Church**  
**Thursday - DuBois Public Library**

**DASD**  
**FOOD TRUCK**  
**SCHEDULE**

**22**  
**Cheese Stick Dippers**  
**w/ sauce**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**23**  
**Cheeseburger**  
**on a Bun**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**24**  
**Chicken Patty**  
**on a bun**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**25**  
**Corn Dog Nuggets**  
**w/ Dinner roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**26**  
**12:30 - 1:00**  
**Monday - Oklahoma Garden Grove**  
**Tues - CARES Terrace Reynoldsville**  
**Wednesday - Falls Creek Park**  
**Thursday - Oklahoma Garden Grove**

**DASD**  
**FOOD TRUCK**  
**SCHEDULE**

**29**  
**Hot Dog**  
**On a Roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**30**  
**Meatball Hoagie**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**31**  
**Chicken Nuggets**  
**with a Dinner Roll**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**1**  
**Italian Hoagie**  
**or**  
**Pizza (MS & CGJ)**  
**Uncrustable (Foodtruck)**  
**Featured Veggies:**  
Assorted  
Veggies  
Choice of Fruit  
Choice of Milk

**Scan here**  
**for Employment**



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