

August 2024
Free lunch 18 & under



DuBois SCHOOL DISTRICT
DASD SUMMER LUNCH MENU



What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Monday

Tuesday

Wednesday

Thursday

1

ALL MEALS

SERVED INSIDE
CAFETERIA DINING HALL
DAMS
CGJ & Treasure Lake Church
11am - 1pm
18 and Under Free

MEALS ARE FREE

TO ALL STUDENTS
18 AND UNDER ADULT MEALS ARE \$3.00 PER ADULT

1
Italian Hoagie

 or
Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

NOW HIRING
ENERGETIC, POLITE
HARD WORKING
KID LOVING
CAFÉ
WORKERS FOR
24-25
SCHOOL YEAR

5

6
Ham & Cheese Hoagie w/ lettuce & tomato or Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

7
Cheese Stick Dippers w/ sauce or Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

8
Popcorn Chicken w/ Dinner Roll

Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

9
COME AND WORK IN THE SCHOOL CAFETERIA
METZ CULINARY MANAGEMENT
NOW HIRING PART TIME
FOOD SERVICE WORKER POSITIONS

12

13
Chicken Nuggets w/ roll

Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

14
Cheeseburger on a Bun or Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

15
Chicken Patty on a Bun or Pizza (MS & CGJ)
 Uncrustable (Foodtruck)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

16
Scan here for Employment

11:00 - 11:15

TUESDAY - YMCA
WEDNESDAY - YMCA
THURSDAY - YMCA

DASD FOOD TRUCK SCHEDULE

11:20 - 11:30

 DuBois Public Library

DASD FOOD TRUCK SCHEDULE

11:45-12:15

 Stahl Park Sikesville
 Lakeside Church
 Penfield

DASD FOOD TRUCK SCHEDULE

12:30 - 1:00

 CARFS Terrace Reynoldsville
 Falls Creek Park
 Oklahoma Garden Grove

DASD FOOD TRUCK SCHEDULE

