

July 2022
Free lunch 18 & under



DuBois SCHOOL DISTRICT
DASD SUMMER LUNCH MENU



What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meal alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges



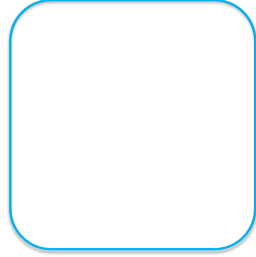
Monday

DASD
FOOD TRUCK

FIND US AT THE FOLLOWING
Tuesday - Penfield
Pine Valley Traylor Court
Serving from 11 - 11:45
Oklahoma Garden Grove
Apartments 12:15 - 1:00
18 and Under Free

DASD
FOOD TRUCK

FIND US AT THE FOLLOWING
Wednesday - Sykesville
Stahl Park 11:00 - 11:45
Reynoldsville CARES Terrace
Apartments
12:15 - 1:00
18 and Under Free



"HEROES"
WORK
P
WON'T YOU
BE ONE!

5
 Cheeseburger on a Bun or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

12
 Hot Dog On a Roll or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

19
 Cheeseburger on a Bun or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

26
 Cheese Stick Dippers w/ sauce or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

NOW
HIRING
ENERGETIC, POLITE
HARD WORKING
KID LOVING
CAFÉ
WORKERS
FOR
22-23
SCHOOL YEAR

Wednesday
6
 2 Chicken Sliders on a Bun or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

13
 Chicken Nuggets with a Dinner Roll or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

20
 Chicken Patty on a bun or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

27
 Ham & Cheese Hoagie w/ lettuce & tomato or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

COME AND WORK
IN THE
SCHOOL CAFETERIA
METZ CULINARY
MANAGEMENT
NOW HIRING
PART TIME
FOOD SERVICE WORKER
POSITIONS

Thursday
7
 Corn Dog Nuggets
 or
 Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

14
 Sloppy Joe on a Bun or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

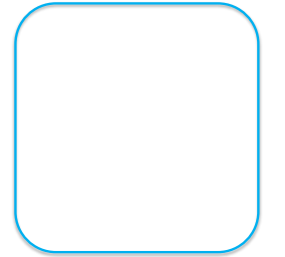
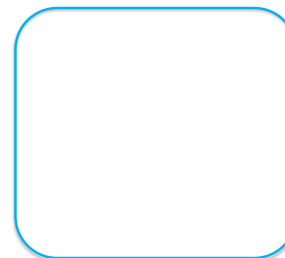
21
 Mac & Cheese w/roll
 or
 Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

28
 Hot Dog On a Roll or Pizza (MS & CGJ)
Featured Veggies:
 Assorted Veggies
 Choice of Fruit
 Choice of Milk

WORK
WHEN THE KIDS
ARE IN SCHOOL
HOME WHEN
THEY ARE HOME
NO
NIGHTS, WEEKENDS
OR HOLIDAYS
ALL SUMMER OFF

8
ALL MEALS
SERVED
INSIDE
CAFETERIA DINING HALL
DAMS
CGJ & Treasure Lake Church
11am - 1pm
18 and Under Free

MEALS
ARE FREE
TO ALL
STUDENTS
18 AND UNDER
ADULT MEALS
ARE
\$3.00 PER ADULT



JOB APPLICATIONS
AVAILABLE
AT
DAMS
FRONT OFFICE
ALL CLEARANCES
ARE REQUIRED
BEFORE CONSIDERATION



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 USDA is an equal opportunity provider and employer.