

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	2 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	3 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	4 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate</p> <p>For online cafeteria payments and nutritional information, please visit www.schoolcafe.com</p> <p>Lunch account payments made by cash and/or check must be in a payment envelope.</p> <p>Make checks payable to: "DASD Café Fund"</p> <p>All students will receive one free breakfast and/or lunch. Students must have money in account for extra items. No charging allowed.</p>
7 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	8 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	9 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	10	11	
					
14 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	15 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	16 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	17 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	18 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	
21 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	22 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	23 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	24 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	25 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	
28 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	29 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	30 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	31 Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice		
<p>Tom Koscienski, General Manager 814.371.1016 ma1073@metzcorp.com</p>				<p>Meal Prices Student Breakfast 1 free daily Adult Breakfast \$2.85</p>	
					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! Delil Create your own sandwich					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate Daily Alternates Fresh entree salads Yogurt and fruit parfait Pizza Options Cheese, Pepperoni, Meatlovers, BBQ Chicken, White, Buffalo Chicken, Taco, Philly Cheese Steak, Sausage, Pierogi <i>*All pizzas made daily in house by café staff.</i> For online cafeteria payments and nutritional information, please visit www.schoolcafe.com Lunch account payments made by cash and/or check must be in a payment envelope. Make checks payable to: "DASD Café Fund" All students will receive one free breakfast and/or lunch. Students must have money in account for extra items. No charging allowed.
	1 Macaroni & cheese Chicken, bacon, ranch wedge on flatbread FEATURED VEGGIES Cole slaw Baby carrots	2 Chicken patty on a bun Beef enchiladas FEATURED VEGGIES French fries Red pepper strips	3 Toasted cheese sandwich Cheeseburger flatbread FEATURED VEGGIES Tomato soup Celery sticks	4 Cheese stick dippers with sauce Chicken & vegetable potstickers FEATURED VEGGIES Tossed salad Cucumber slices	
BRAVO! Delil Create your own sandwich					
7 Chicken nuggets with dinner roll Toasted Cuban Sandwich on flatbread FEATURED VEGGIES French fries Cherry tomatoes	8 Spaghetti with meat sauce with garlic bread Oven baked BBQ chicken with garlic bread FEATURED VEGGIES Fresh broccoli florets Garden salad	9 Bacon cheeseburger on bun Italian dunkers with dipping sauce FEATURED VEGGIES French fries Cole slaw	10  11		
BRAVO! Delil Create your own sandwich					
14 Popcorn chicken with breadstick Steak and pepper jack cheese wrap FEATURED VEGGIES Curly fries Cherry tomatoes	15 <u>French fry bar</u> Steak or buffalo chicken Orange chicken over fried rice FEATURED VEGGIES Cole slaw Baked beans	16 Chicken BLT sandwich on aloha roll Cheese stuffed shells with garlic toast FEATURED VEGGIES Buttered Corn Broccoli salad	17 Turkey and gravy over a biscuit Korean BBQ burger FEATURED VEGGIES Mashed potatoes w/ gravy Green pepper strips	18 Pierogis with breadstick Turkey reuben on sourdough bread FEATURED VEGGIES Garden salad Baby carrots	
BRAVO! Delil Create your own sandwich					
21 BBQ pork nachos w/ assorted toppings Turkey, ham, bacon club sandwich FEATURED VEGGIES Black & white bean salad Cucumber Slices	22 Cowboy burger on a roll Chicken pot pie FEATURED VEGGIES Street corn salad French fries	23 Chicken tenders Beef & broccoli over rice FEATURED VEGGIES Tater tots Fresh cauliflower	24 Toasted Cheese Sandwich Buffalo chicken dip with tortilla chips FEATURED VEGGIES Tomato Soup Garden salad	25 Boneless wings with dinner roll BBQ pork quesadilla FEATURED VEGGIES Fresh broccoli Cole slaw	
BRAVO! Delil Create your own sandwich					
28 Cheeseburger on a bun Chimichurri pork taco FEATURED VEGGIES Baked Beans Cherry tomatoes	29 General Tso chicken over rice with broccoli Baked potato bar with assorted toppings FEATURED VEGGIES Asian carrot salad Green pepper strips	30 French toast sticks with sausage Baked Italian hoagie FEATURED VEGGIES Tater Tots Garden salad	31 Chicken alfredo with broccoli over penne pasta Buffalo chicken on flatbread FEATURED VEGGIES Garden Salad Sliced Cucumbers		
Tom Koscienski, General Manager 814.371.1016 ma1073@metzcorp.com		Meal Prices Student Breakfast Adult Breakfast	1 free daily \$4.75		

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