




Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate</p> <p>For online cafeteria payments and nutritional information, please visit www.schoolcafe.com</p> <p>Lunch account payments made by cash and/or check must be in a payment envelope.</p> <p>Make checks payable to: "DASD Café Fund"</p> <p>All students will receive one free breakfast and/or lunch. Students must have money in account for extra items. No charging allowed.</p>
		1	2	3	
			Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	
6	7	8	9	10	
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13	14	15	16	17	
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20	21	22	23	24	
	Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	Egg, sausage and cheese on a croissant Donuts, PBJ uncrustable, yogurt parfait Choice of fruit or juice	
27	28	29	30	31	
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<p>Tom Koscienski, General Manager 814.371.1016 ma1073@metzcorp.com</p>			<p>Meal Prices Student Breakfast 1 free daily Adult Breakfast \$2.85</p>		 <p>Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES</p>

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



