

May
2024



DuBois SCHOOL DISTRICT ELEMENTARY LUNCH MENU



Monday

29
Popcorn Chicken Bowl

or
Turkey & Cheese Hoagie
or
PBJ Uncrustable Craveable
Featured Veggies:
Fresh Cauliflower
Baby Carrots
Choice of Fruit / Choice of Milk

Tuesday

30
Waffles & Sausage

or
Cheeseburger on a Roll
or
PBJ Uncrustable Craveable
Featured Veggies:
Tater Tots
Cherry Tomatoes
Choice of Fruit / Choice of Milk

Wednesday

1
Mac & Cheese

or
Hot Ham & Cheese on Pretzel Roll
or
PBJ Uncrustable Craveable
Featured Veggies:
Cucumber Slices
Baked Beans
Choice of Fruit / Choice of Milk

Thursday

2
Chicken and Gravy
over Biscuit
or
Meatball Hoagie
or
PBJ Uncrustable Craveable
Featured Veggies:
Mashed Potatoes w/ gravy
Cole Slaw
Choice of Fruit / Choice of Milk

Friday

3
Cheese Pizza
Staff Specialty Pizza
or
Fruit & Yogurt Parfait
or
PBJ Uncrustable Craveable
Featured Veggies:
Garden Salad
Cucumber Slices
Choice of Fruit / Choice of Milk

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price
Minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup serving of vegetable must accompany a reimbursable lunch
Meat or meat alternative
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romain and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - White potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Vegetable / Fruit
of the
Month

6

Chicken Nuggets
with a Dinner Roll
or
Corn Dog Nuggets
or
PBJ Uncrustable Craveable
Featured Veggies:
French Fries
Baby Carrots
Choice of Fruit / Choice of Milk

7

2 Crunchy Beef Tacos

or
Cheesy Hotdog
or
PBJ Uncrustable Craveable
Featured Veggies:
Baked Beans
Lettuce & Tomato Cup
Choice of Fruit / Choice of Milk

8

Chicken Patty
on a roll
or
Pizza Craveable
or
PBJ Uncrustable Craveable
Featured Veggies:
French Fries
Fresh Broccoli
Choice of Fruit / Choice of Milk

9

Pierogies

or
Meatball Hoagie
or
PBJ Uncrustable Craveable
Featured Veggies:
Grape Tomatoes
Cole slaw
Choice of Fruit / Choice of Milk

10

Cheese Pizza
Staff Specialty Pizza
or
Fruit & Yogurt Parfait
or
PBJ Uncrustable Craveable
Featured Veggies:
Garden Salad
Steamed Broccoli
Choice of Fruit / Choice of Milk

13

Popcorn Chicken
w/ Dinner roll
or
Turkey & Cheese Hoagie

PBJ Uncrustable Craveable
Featured Veggies:
French Fries
Fresh Broccoli
Choice of Fruit / Choice of Milk

14

Walking Taco

or
Ham & Cheese Hoagie

PBJ Uncrustable Craveable
Featured Veggies:
Baked Beans
Cucumber Slices
Choice of Fruit / Choice of Milk

15

French Toast Sticks
w/ Sausage Links
or
Turkey & Cheese Hoagie

PBJ Uncrustable Craveable
Featured Veggies:
Celery Sticks
Tater Tots
Choice of Fruit / Choice of Milk

16

Meatballs & Gravy
over Noodles
or
Ham & Cheese Hoagie

PBJ Uncrustable Craveable
Featured Veggies:
Mashed Potatoes w/ gravy
Cherry Tomatoes
Choice of Fruit / Choice of Milk

17

Pepperoni Pizza
Staff Specialty Pizza
or
Turkey & Cheese Hoagie

PBJ Uncrustable Craveable
Featured Veggies:
Buttered Diced Carrots
Cole Slaw
Choice of Fruit / Choice of Milk

20

Italian Dunkers
w/ dipping sauce
or
PBJ Uncrustable Craveable

Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

21

2 Beef Tacos
on Soft Tortilla Shell
or
PBJ Uncrustable Craveable

CGJ FUN DAY
Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

22

Mac & Cheese

or
PBJ Uncrustable Craveable

JUNIATA & WASSON FUN DAY
Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

23

Toasted
Cheese Sandwich
or
PBJ Uncrustable Craveable

Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

24

Pepperoni Pizza
Staff Specialty Pizza
or
PBJ Uncrustable Craveable

OKLAHOMA FUN DAY
Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

27



28

Cheese Pizza

or
PBJ Uncrustable Craveable

Featured Veggies:
Assorted Veggies
Assorted Fruits
Choice of Fruit / Choice of Milk

29

**LAST STUDENT DAY
HAVE A GREAT SUMMER!!!!**

30

**THANKS FOR A GREAT YEAR
SEE YOU ALL NEXT YEAR**

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